

Spring Garden Lutheran Church

# The Messenger

February 2012



## Lenten Worship Series: "Walking Witnesses"

In the Gospel story leading up to the cross, a number of ordinary people walk into Jesus' life. These people have encounters with him that leave their lives changed. We, too, walk into the presence of Jesus, often without recognizing him

Our Lenten Series "Walking Witnesses," will invite us to meet Jesus again and consider his effect on ordinary people like us. We will also begin to see Christ again in those we meet, because Jesus leaves a part of himself in everyone he meets.

Join us for our annual Soup Supper and Lenten Worship as we are lead by our youth in music and skits. The series will walk us through the events of Maundy Thursday and Good Friday. Let's be Walking Witnesses together this Lent! See you at Wednesday Worship!

Peace. Pastors Nick and Cindy

## Wednesday Lenten Schedule: Soup Supper 6PM—Worship 7:15PM

### Ash Wednesday-- Feb. 22 7:15PM

Lent 1	Feb. 29	"Blind Bartimeus"	Mk. 10:46-52
Lent 2	Mar. 7	"Woman who Anoints Jesus"	Mk. 14:3-9
Lent 3	Mar. 14	"Child whom Jesus Blesses"	Mk. 10:13-16
Lent 4	Mar. 21	"Pilate's Wife"	Mt. 27:15-26
Lent 5	Mar. 28	"Centurion's Confession"	Mk. 15:33-39

**Palm Sunday / Sunday of the Passion** April 1

**Maundy Thursday** April 5 "Runaway Man" Mk. 14:43-51

**Good Friday** April 6 "Women at Crucifixion" Mk. 15:40-41



### Inside this issue:

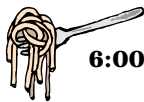
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### February 22, 2012



### Coming up:

#### Youth Spaghetti Supper



Sunday, February 12  
6:00 - 8:00 pm

More details to come.

Sub sale \* Sub Sale \* Sub Sale \* Sub Sale \* Sub Sale

Subs will be rolling in soon. They are \$5.00 each. By the time you see this newsletter, there won't be much time left to get your order in. So hurry!!! Orders and money are due into the Youth by Sunday, January 29th. Sandwiches will be available for pick-up on Sunday, February 5th.

Sales support those attending the National Youth Gathering.



# Stewardship



## Stewardship Illustration

### *Hand in Glove*

Hold up a glove. The glove, by itself, does not pick up anything. It is limp, helpless. Slide your hand into it. The glove now has dexterity and power. It has become a gifted, smart glove that can accomplish innumerable tasks. Money is a glove through which the hand of human personality expresses itself. The glove by itself is neither good nor bad. The hand in the glove can take on either self-centered or self-giving characteristics. It can either open to give or grasp in greed.

## Stewardship Humor

### *What Does It Take To Get Into Heaven?*

I was testing the children in my Sunday school class to see if they understood the concept of getting to heaven. I asked them, "If I sold my house and my car, had a big garage sale and gave all my money to the church, would that get me into Heaven?"

"**No!**" the children answered.

"If I cleaned the church every day, mowed the yard, and kept everything neat and tidy, would that get me into Heaven?"

Again, the answer was, "**No!**"

By now I was starting to smile. Hey, this was fun!

"Well, then, if I was kind to animals and gave candy to all the children, and loved my husband, would that get me into Heaven?" I asked them again.

Again, they all answered, "**No!**"

I was just bursting with pride for them. Well, I continued, "then how can I get into Heaven?"

A five-year-old boy shouted out, "**You Gotta Be Dead.**"



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## **Pastor's Report - Nick & Cindy Fisher-Broin - 11/3/11-12/8/11**

### **Pastoral Acts**

21 Shut in, Communion, pastoral calls  
23 Scheduled Meetings

### **Parish Education**

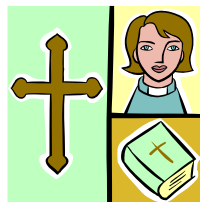
Grades 6-9 Confirmation Classes  
Daily Message Adult Bible Study Group

### **Youth Ministry**

Planning for National Youth Gathering  
Bowling Event  
Youth/Parent fundraising meeting

### **Worship and Music**

Youth Christmas Eve Choir  
Brass Ensemble Rehearsal



### **Evangelism**

New Member Classes

### **Women's Ministry**

Friday Morning Bible Study

### **Stewardship**

Gratitude Banquet—food prep, etc.

### **Community / Synod Wide Ministry**

Synod Theological Conference  
Fairview Red Wing Hospital Meeting  
Feed My Starving Children event  
Community Thanksgiving Service  
Nursing Home Worship Service  
YSLI Retreat—Nick



# Parish Nurse



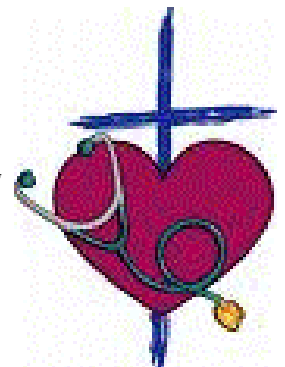
Greetings everyone! I trust that you survived and even thrived thru the Christmas and New Year's holiday season. I have pondered about a Bible verse that would be pertinent for this year and have come to the conclusion that it will be Psalm 139. It is a wonderful psalm about the care that God took in creating you and walking with you wherever you go. I would like to focus on being fearfully and wonderfully made. There is a book with the same title. It is a book that parallels the human body with the body of Christ. The name of the book is Fearfully and Wonderfully Made by Dr. Paul Brand and Philip Yancey. It is a fascinating book and easy to read.



The reason I bring this Psalm to light is that God made you and me with great care. Our bodies are wonderfully complex and have a great capacity for healing if given the tools. This month and from time to time this year I will bring to light some alternative forms of healing. This month I will talk a little about and try to describe Homeopathy. This form of alternative healing was brought to light when the psoriasis on my hands and feet did not respond to regular forms of medicine. I researched and talked to others and one suggested homeopathy. I was desperate as I did not want to live my life with painful cracks on my hands and feet that at times really limited my activities. It has been a real miracle for me. The painful cracks are gone. From time to time I do get cracks and or plaque areas but with the help of the remedy that I take very occasionally and the homeopath that I see, the painful cracks no longer control my life. When I do get cracks on my hands it is usually due to a stressor in my life and so this therapy has been helpful in me tuning into my life and helping to find constructive ways of coping with the stress. I have found it to have strengthened my immune system also. Homeopathy is based on the principle that "like heals like". That is, if a substance can cause symptoms in a healthy person, then it can stimulate the healing of similar symptoms in a sick person. Suppose a person has hay fever with watery eyes and a burning nasal discharge. Rather than using an antihistamine to dry up the discharge, a homeopath might recommend Allium Cepa- a tiny dose of onion specially prepared by a homeopathic pharmacy in accordance with FDA guidelines- because onion is known to cause watery eyes and burning nasal discharge. This principle of similars was developed into a system of healing called homeopathy (meaning "similar suffering") by a German physician Samuel Hahnemann in the late 1700's, but the concept dates back to the time of Hippocrates. Homeopathy treats the whole person-physical, mental, emotional -and-considers each person individually. For example, a homeopath treating a cold sufferer does not presume that all colds are alike, but instead asks about the person's unique symptoms (this information was taken from a pamphlet by the Minnesota Homeopath Association). My mom, who suffered a stroke 4 years ago, was bothered by almost constant UTIs which she had never been bothered with prior to the stroke. Homeopathy with the guidance of a homeopath rid her of the UTIs. She has not had one in over 2 years. The flu and cold season is upon us. There are 2 homeopathic remedies that lessen the severity of the flus by controlling the symptoms. I would recommend them highly as from personal experience I know they work. One is Oscilloccinum; this remedy is specifically for the aches, fever, chills type flu and is most effective if taken at the onset of symptoms. The second is Arsenicum. This is specifically for the GI/stomach and diarrhea flu. This remedy will take away the urge to vomit and diarrhea, you may not feel the best, but you will be able to eat and drink, thus strengthening your body. These remedies are quite helpful for the very young and elderly too. Let me know if you are interested in getting more info about homeopathy. The homeopath that we see always welcomes questions. The homeopathic remedies can be purchased at health food stores such as Simple Abundance in Red Wing or the Co-op in Northfield. As I mentioned in my annual report, I attend monthly senior service provider meetings at the Shepherd's Center. I have asked some of the different service providers in the next year to give a description of what services that they provide to seniors and their families. This month I asked Rod Johnson to give an overview of the Shepherd's Center – ***it is included in this newsletter on an insert on the back of The Bridge.***

Blessings to you all,  
Yvonne Salmonson RN Parish Nurse

*Psalm 139: 13-16: For it was you who formed my inward parts: you knit me together in my mother's womb. 14. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; that I know very well. 15. My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth. 16. Your eyes beheld my unformed substance. In your book were written all the days that were formed for me, when none of them as yet existed.*



# Pastor's Report - Nick & Cindy Fisher-Broin - 12/8/11-1/5/12

## Pastoral Acts

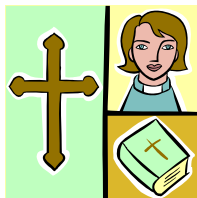
25 Shut in, Communion, pastoral calls  
5 Scheduled Meetings  
Baptisms: Ashley Haefs  
Travis Haefs  
Christmas Eve and Christmas Day services

## Parish Education

Grades 6-9 Confirmation Classes  
Daily Message Adult Bible Study Group

## Youth Ministry

Planning for National Youth Gathering  
Caroling, Movie and a Lock in



## Worship and Music

Youth Christmas Eve Choir Rehearsals  
Brass Ensemble Rehearsals  
Lessons and Carols Service

## Evangelism

New Member Sunday

## Women's Ministry

Friday Morning Bible Study  
Women's Christmas Gathering

## Community / Synod Wide Ministry

Cannon Falls Text Study group

## Spring Garden Lutheran Church Congregational Meeting Minutes - November 20, 2011



**In Attendance:** A quorum was established with 85 confirmed members in attendance: Lisa Miller, Willis Swenson, Charles Drometer, Eva Drometer, Werner Ulrich Jr., Lynnea Sjoquist, Sharon Nelson, Thomas Nelson, Dean Anderson, Donna Anderson, Darold Safe, Char Safe, Brenda Safe, Scott Safe, Conrad Lindell, Carole Lindell, Doris Anderson, Kayla Anderson, Carol Anderson, Todd Anderson, Marie McLain, Stephanie McLain, Dallas Miller, John Miller, Rob Lorentz, Steve Haggstrom, Scott Hanson, Norm Clauson, Joan Clauson, Sandy Sjoquist, Dennis Benson, Pat Glaess, Kaesey Glaess, Harvey Glaess, Merwyn Swenson, Jennifer Quade, Kim Goplen, Pam Davis, Glen Lundell, Jen Lorentz, Linda Lundell, Julie Lorentz, Dennis Sjoquist, Glorian Anderson, Heidi Anderson, Tim Anderson, Lois Shades, Lyla Swanson, Gerry Haggstrom, Ralph Haggstrom, Megan Nerison, Herb Nerison, Pauline Nerison, Pauline Swanson, Worrell Swanson, Allen Erickson, Kay Erickson, Ruby Sauter, Craig Sjoblom, Jody Sjoblom, Val Rae Haggstrom, Sue Safe, Dylan Safe, Rahn Safe, Carol Olson, Larry Olson, Rosemary Lundell-Pagel, Aimee Lundell, Charlie Lundell, Tim Magalis, Julie Magalis, Den Knudson, Jerry Knudson, Eric Lundell, Vicki Erickson, Kathy Erickson, Dave Sjoblom, Ruthie Sjoblom, John Olson, Sandra Hanson, Paul Melhouse, Cindy Fisher-Broin, Jan Olson, Jay Olson, Bill Erickson.

**Call to Order:** The meeting was called to order by President Dennis Sjoquist at 11:27 am in the church.

**Secretary's Report:** The secretary's report from the last Congregational Meeting on April 10, 2011 was read. A motion was moved, seconded and carried to approve the minutes.

**Treasurer's Report:** Read by Rob Lorentz. A motion was moved, seconded and carried to approve the treasurer's report.

Budget was read by Stan Lundell. Council approved. A motion was moved, seconded and carried to approve.

Larry Olson read a presentation for the Cemetery Board. Rates are increasing beginning on January 1, 2012. Council has accepted the proposal. A motion was moved, seconded and carried to approve proposal.

Pam Davis presented a proposal for the bell choir. The classic package is what was recommended. Money would come from the undesignated memorials fund. Pam addressed the fund designation question that was posed by a congregation member. Pam read each fund and where the money is designated. Any money that comes in that is undesignated goes to the "Undesignated Memorials Fund." The rest have a fund set up for these specific purposes.

**Notice:** Audit will be done on seven accounts at the bank. Committee heads please have your checkbook to Tim Anderson.

**Old Business:** None

**New Business:** None

A motion was moved, seconded and carried to adjourn. The meeting was adjourned at 11:41 am.

Lisa Miller, Secretary



# Spring Garden Lutheran Church Meeting Minutes - December 8, 2011

**In Attendance:** Dennis Sjoquist, Pastors Nick and Cindy Fisher-Broin, Bill Erickson, Herb Nerison, Stan Lundell, Rob Lorentz, Craig Sjoblom, Yvonne Salmonson, Becky Pagel

**Call to Order:** The meeting was called to order by President Dennis Sjoquist at 7:30 pm in the church social hall.

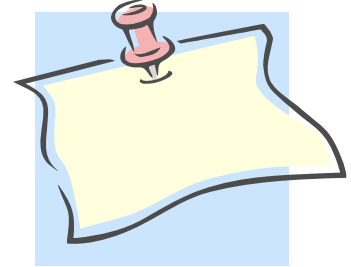
**Committee Reports:** On file at the office.

**Secretary's Report:** A motion was moved, seconded and carried to approve last month's minutes as amended.

**Treasurer's Report:** A motion was moved, seconded and carried to approve the Treasurer's report.

## Agenda Items:

1. Date set for January Annual Congregational meeting: Jan 22, 2012
2. Nominees for Cannon River Conference (2-12-12 @ Vasa): Stan & Linda Lundell
3. Nominees for Good Earth Village Annual Meeting 2-26-12 @ St John's in Kasson: TBD
4. Representatives for SE MN Synod Assembly (May 4 & 5, 2012): Bill and Vicki Erickson
5. Nominee for CCIC Representative: Marie McLain
6. Reminder to be sure date for January Annual meeting gets in the January newsletter.
7. Final changes to the 2012 proposed budget will be made at next month's meeting.
8. Annual reports by boards and President due to church administrative assistant by 1-11-2012.
9. Administrative assistant to order 100 annual report covers.
10. New Member applicants: Beth Erickson & Lucas; Phil Jandro; Carrie, Chris & Alex Kehrberg; Grant & Brooke Williams; Tiffany Sjoquist; Rebecca Haugen; Bridget & Cassandra Dulek; Alan, Aiden & Noah Gergen. See motion below. New members will be received at the December 11 worship service followed by cookies and coffee in the narthex.



## Action Items:

A motion was moved and seconded to approve the list of applicants in #10 above for membership. The motion passed.

Pastors' Report given.

Parish Nurse Report given.

## Board and Committee Reports:

**Worship and Music:** We still are looking for a piano player to replace Lois Shades in 2012. We listened to a CD of Barbie Collins' aunt who sings, plays piano & organ. She could be a possible replacement.

**Evangelism:** We, along with Congregational Life, will be serving coffee & cookies Dec 11 after church to celebrate the new members.

**Christian Education:** No Report

**Youth Ministry:** No Report

**Congregational Life:** We assisted the Stewardship committee with serving the Gratitude Dinner. Also, the church was decorated Nov 27. Thanks to all the many volunteers who helped that day. Church un-decorating will be on Jan. 8, 2012. We, along with the Evangelism committee, will be serving coffee & cookies Dec 11 after church to celebrate the new members.

**Church Property:** We had to cut down a tree close to the iron fence at the front of the church.

**Stewardship:** The Gratitude Dinner served on Nov 20 was well received. We placed a Giving Tree in the Narthex with "Gifts of Gratitude".

**Missions Board:** As a congregation, we raised \$1,521.69 for the FMSC event recently held here in CF.

**Executive Committee:** Nothing to Report

**Memorial and Special Gifts Committee:** No Report

**Archives Committee:** No Report

**Mission Endowment Fund Committee:** No Report



## **Agenda for Next Meeting**

1. Establish agenda for Annual congregational meeting
2. Annual reports due
3. Executive committee and Stewardship Chair meet to adjust budget if necessary
4. Elect 2 SE MN Synod Assembly representatives
5. Elect 2 Cannon River Conference Assembly representatives
6. Elect 2 Good Earth Village Assembly representatives
7. Elect 1 CCIC representative
8. Date, time and location for council and staff appreciation meal

## **Announcements:**

Next council meeting: Jan 5, 2012

All Board meetings: Jan 10, 2012

Pam's Helper for December: Stan; Pam's Helper for January: Bill Erickson

Closing prayer next month: Bill Erickson

**Adjournment:** A motion was moved, seconded and carried to adjourn. Meeting adjourned at 8:50 pm.

Becky Pagel, acting secretary



## Spring Garden Lutheran Church Meeting Minutes - January 5, 2012

**In Attendance:** Dennis Sjoquist, Pastor Cindy Fisher-Broin, Bill Erickson, Jan Olson, Herb Nerison, Stan Lundell, Rob Lorentz, Jennifer Quade, Becky Pagel, Yvonne Salmonson, Sandy Hanson

**Call to Order:** The meeting was called to order by President Dennis Sjoquist at 7:34 pm in the church social hall.

**Committee Reports:** On file at the office.

**Secretary's Report:** A motion was moved, seconded and carried to approve last month's minutes.

**Treasurer's Report:** A motion was moved, seconded and carried to approve the Treasurer's report.

### Agenda Items:

1. Lisa Miller's (Council Secretary) letter of resignation & replacement. Lisa's 3-yr term ends on June 30, 2012. We would need someone to complete the remainder of her term. See motion #2 below.
2. Mailbox for church vs. having a PO Box. There was discussion around whether to add a locked mailbox out at church so mail for the church can be delivered to church vs. continuing to pay for a PO Box and having to drive to town to get the mail. Dennis will approach Craig with the idea and to have him check with the Post Office about possible locations and boxes. Rob can provide insight on the type of boxes as he has used one of these types of locked mailboxes in the past. The current PO Box for the church is paid up through June 2012.
3. Established agenda for Annual congregational meeting.
4. Annual reports due to Kim by 1-11-12.
5. Elect 2 SE MN Synod Assembly representatives--Bill & Vicki Erickson. See motion #3 below.
6. Elect 2 Cannon River Conference Assembly representatives--Stan & Linda Lundell. See motion #4 below.
7. Elect 2 Good Earth Village Assembly representatives--Scott & Brenda Safe. See motion #5 below.
8. Elect 1 CCIC representative--Marie McLain. See motion #6 below.
9. Date, time and location for council and staff appreciation night. See motion #7 below. Light hors d'oeuvres and refreshments will be served, beginning at 6:30 pm, in the church social hall. Rob generously volunteered himself and Julie to provide the hors d'oeuvres. Sandy will send out invites and track RSVPs to all board members, staff and council representatives and include a spouse/guest.
10. Final approval of the proposed 2012 budget. See motion #8 below.

### Action Items:

1. A motion was moved and seconded to accept the resignation of Lisa Miller. The motion carried.
2. A motion was moved and seconded to have Sandy Hanson fill the remainder of Lisa Miller's term as Council Secretary. The motion carried.
3. A motion was moved and seconded to accept Bill and Vicki Erickson as delegates to the SE MN Synod Assembly. The motion carried.
4. A motion was moved and seconded to accept Stan & Linda Lundell as delegates to the Cannon River Conference annual meeting. The motion carried.
5. A motion was moved and seconded to accept Scott & Brenda Safe as representatives to the Good Earth Village Assembly. The motion carried.
6. A motion was moved and seconded to accept Marie McLain as our CCIC Representative. The motion carried.
7. A motion was moved and seconded to set the staff, council and board appreciation night for Jan 26, 6:30 pm, in the church social hall. The motion carried.
8. A motion was moved and seconded to approve the 2012 proposed budget. The motion carried.

### Pastors' Report given.

### Parish Nurse Report given.

### Board and Committee Reports:

Worship and Music: No meeting. We will be checking out Barbie Collins' aunt's CD.

Evangelism: Served cookies & coffee along with Cong. Life on New Member Sunday. While we're just getting going, we are considering some creative ministries. More to come.

Christian Education: No meeting. The Christmas program was so enjoyable and the church was packed.

Youth Ministry: Nothing to report.

Congregational Life: Un-decorating the church will be on Jan 8.

Church Property: Nothing to report

Stewardship: No meeting. Online giving is up and running. You can access it from the church website.

Missions Board: Nothing to report

Executive Committee: No meeting

Memorial and Special Gifts Committee: Nothing to report

Archives Committee: Nothing to report

Mission Endowment Fund Committee: Nothing to report

### Agenda for Next Meeting

- Executive committee meets sometime during the year to review membership roster
- Date for Midsommar Festival; initiate a Midsommar Task Force.
- Nominating Committee to begin search for candidates to fill upcoming vacancies for V. Pres, Secretary, Stewardship and Church Property

Adjournment: A motion was moved and carried to adjourn. Meeting adjourned at 9:03 pm.

Sandy Hanson, Secretary



### Announcements:

- Next council meeting: Feb 9, 2012
- All Board meetings: Feb 14, 2012
- Pam's Helper for January: Bill; Pam's Helper for February: Dennis
- Closing prayer next month: Dennis





*“Building a Rural Family In Christ”*

***Church Council Members & Board Members***

President	Dennis Sjoquist	263-2775
Vice-President	Bill Erickson	258-4444
Secretary	Sandy Hanson	258-4114
Treasurer	Rob Lorentz	263-2384
Financial Secretary	Pam Davis	263-5657
Worship & Music	Herb Nerison	263-5667
Evangelism	Becky Pagel	258-4302
Christian Education	Jennifer Quade	263-5535
Youth Ministry	Jim Tousignant	263-5661
Congregational Life	Jan Olson	263-5640
Church Property	Craig Sjoblom	258-4224
Stewardship	Stan Lundell	258-4330
Missions Board	Casey Haggstrom	651-380-0990
Parish Nurse	Yvonne Salmonson	507-951-7921
Organist	Helen Nerison	507-824-2657
Custodian	Sue Safe	258-4619
Administrative Asst.	Kim Sjoquist	258-4834
Pastors Nick & Cindy Fisher-Broin		507-824-3216
P. Nick’s Cell: 507-298-0416	P. Cindy’s Cell: 507-298-0415	

**Spring Garden Lutheran Church**

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